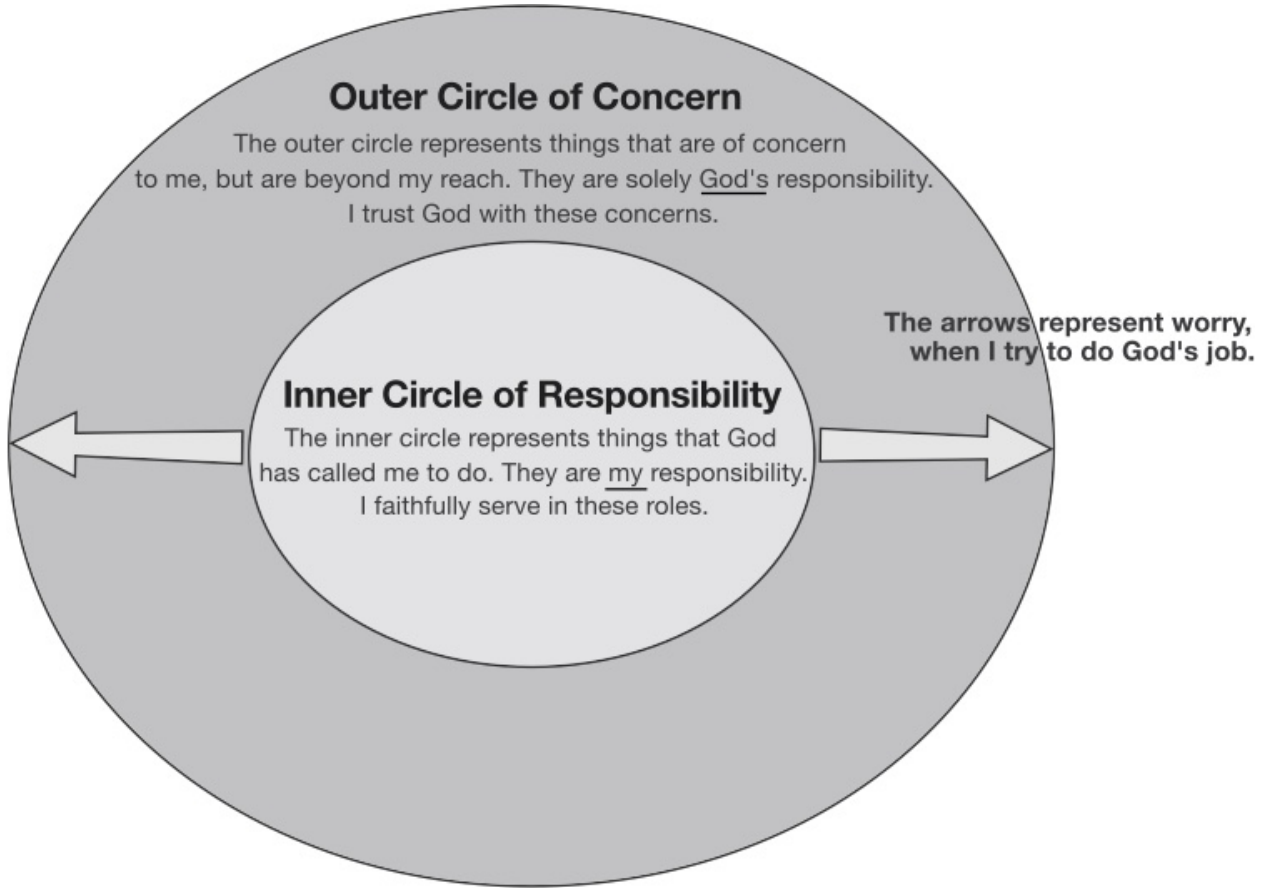


A Helpful Tool For Minimizing Anxiety



Adapted from Instruments in the Redeemer's Hands by Paul David Tripp.